



Wyoming Occupational Therapy Association
Working to strengthen the profession!



2021 WYOTA Annual Conference Registration
September 18-19, 2021
Conference Location: Ramkota Hotel and Conference Center
Casper, Wyoming

Name: _____

Address: _____

Phone Number: _____

Email Address: _____

WYOTA Annual Membership

- \$55.00 Non-OT
- \$50.00 OTR/OTA
- \$20.00 Students

Course you would like to attend:

Modern Management of the Older Adult- 16 CEUs (ONLINE REGISTRATION ONLY! Visit <http://bit.ly/wyota2021>)
Presented by: Dustin Jones, PT, DPT, GCS, CF-L1 & Christina Prevett, PT, MSCPT, CSCS, PHD (C)

Dyslexia: Building New Neuropathways to Master Visual and Auditory Memory, Visual Perception, and Visual Motor Skills Development & Now You See Me: Visual Rehabilitation in Pediatrics- 16 CEUs
Presented by: Scott Berglund, MOT, OTR/L, BHSO, ATC

Pricing (be sure to check the date you submit this form for correct pricing):

Early Bird Registration (June 1st-July 7th, 2021):

- \$360.00 WYOTA Members
- \$430.00 Non-WYOTA Members
- \$280.00 Students

Regular Registration (July 8th- August 13th, 2021):

- \$420.00 WYOTA Members
- \$490.00 Non-WYOTA Members
- \$320.00 Students

Late Registration (August 14th-September 17th, 2021):

- \$500.00 WYOTA Members
- \$570.00 Non-WYOTA Members
- \$360.00 Students

New!

WYOTA is offering one *practitioner* scholarship to attend this year's conference. This is for a WYOTA member. Visit wyota.org to find the application!

WYOTA Annual Lunch Meeting (Saturday - Lunch provided)

- Will Attend
- Will Not Attend

Food Allergies: _____

Visit wyota.org (pediatric course) or <http://bit.ly/wyota2021> (physical dysfunction course) to register and submit electronic payment.

OR

Pediatric course registrants may send paper registration form and payment to:

Wyoming Occupational Therapy Association
PO Box 1143
Casper, WY 82602

Refunds can be granted up to 1 week before the conference. All requests after this time will be denied.

Course Objectives:

Dyslexia: Building New Neuropathways to Master Visual and Auditory Memory, Visual Perception, and Visual Motor Skills Development & Now You See Me: Visual Rehabilitation in Pediatrics

Presented by Scott Berglund, MOT OTR/L BHSO ATC

Now You See Me: Visual Rehabilitation in Pediatrics

Learning Objectives:

- Quickly and efficiently identify common visual challenges seen in children.
- Immediately apply evidence-based treatment techniques that can be used in the home, classroom, or clinic for visual neglect, cross dominance, visual perception, and ocular motor rehabilitation.
- Understand the visual system and why kids are “seeing” what they are seeing.
- Recognize the importance of positioning and movement on successful visual function.

Dyslexia: Building New Neuropathways to Master Visual and Auditory Memory, Visual Perception, and Visual Motor Skills Development

Learning Objectives:

- Understand what Dyslexia looks like and how it effects our society and our schools.
- Identify and analyze the different processing areas used in the dyslexic brain when reading.
- Determine what is the complete testing process for Dyslexia and why one test by itself cannot correctly identify Dyslexia.
- Choose a treatment plan and treatment strategies that address the primary challenges seen in dyslexia (reading, spelling, and writing) and the most common secondary challenges seen (visual perception, reflex integration, cross dominance, light sensitivity, and ocular motility).
- Know why synchronization activities are integral for success and recognize the treatment progression for the most effective outcomes.
- Know the treatment progression for the most effective outcome when treating Dyslexia.

Course Objectives:

Modern Management of the Older Adult

Presented by Dustin Jones, PT, DPT, GCS, CF-L1 & Christina Prevett, PT, MSCPT, CSCS, PHD (C)

Challenging Myths & Misconceptions about Aging

Objectives:

- Identify Ageism in our society, profession, & communities.
- Describe how beliefs, expectations, and stereotypes of aging impact older adults' lives.

Lab: The Process

Objectives:

- Develop a thorough examination process tailored to common considerations for older adults.
- Identify appropriate and effective functional measures for your patients.
- Understand how to leverage functional measures to build therapeutic alliance and buy-in.

Functional Reserve & Geriatric Syndromes

Objectives:

- Describe physiological processes that happen during healthy aging as well as with the development of clinical geriatric syndromes such as frailty and sarcopenia.

Exercise Prescription 1: Prescribing Exercise like a Drug

Objectives:

- Progress beyond mindless exercise prescription and understand evidence-based principles to properly dose exercise interventions.

Lab: Squat

Objectives:

- Prescribe, modify, and scale the Squat.

Exercise Prescription 2: Older Adults as Masters Athletes

Objectives:

- Design appropriately-dosed exercise programs including progressions and regressions to obtain the intended outcome for your client who is older whether you're in the home health setting or working with the Masters athlete.

Lab: Deadlift

Objectives:

- Prescribe, modify, and scale the Deadlift.

Psychosocial Considerations

Objectives:

- Understand the progression & screening of cognitive impairments in older adults.
- Determine appropriate communication and compensation strategies to serve older adults with cognitive impairments.
- Identify how fear and chronic pain can impact performance and outcomes in older adults.
- Develop strategies to manage, minimize, or reduce fear and persistent pain in the older adult population.

Lab: Carries

Objectives:

- Prescribe, modify and scale Loaded Carries.

Falls Prevention

Objectives:

- Identify major contributors to the risk of falling in older adults.
- Design evidence-based fall prevention programs to obtain the intended outcome for your clients.
- Prescribe, modify, and scale various Balance-Focused Interventions.

Balance Training

Objectives:

- Prescribe, modify, and scale various Balance-Focused Interventions.

Rise of the Masters Athlete

Objectives:

- Identify the impact Masters Athletes have on the research landscape.
- Describe the age associated changes in which Masters Athletes are showing less of a decline.

Lab: Floor Transfers

Objectives:

- Prescribe, modify, and scale Floor Transfers.

Strategies to Become Providers of Choice

Objectives:

- Develop strategies to be known as the aging expert in your community.
- Identify opportunities to advocate for older adults.