



Wyoming Occupational Therapy Association

*Working to strengthen the profession!*



## **Trust Based Relational Intervention**

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### **Objectives:**

1. ACE's Training
  - Understand the Adverse Childhood Experiences (ACEs) research
  - Understand the Neuroscience of ACE's
  - Recognize what to look for in high risk behaviors
  - Develop insight regarding the importance of early brain development
2. TBRI - Connecting Principles
  - Gain knowledge and insight regarding secure attachment
  - Gain awareness about our own attachment history
  - Learn ways to build secure connection with children from hard places
  - Learn proactive strategies to empower children with behavioral tools
3. TBRI - Empowering Principles
  - Create a framework for practical intervention
  - Physiological Strategies
    - Self-regulation through internal processes
    - Sensory Processing
    - Hydration
    - Blood glucose
  - Ecological Strategies
    - Self-regulation through external processes
    - Transitions
  - Enhance understanding regarding
    - Internal roots of children's behavior
    - How to interpret and respond to children's behavior
4. TBRI - Correcting Principles
  - Lay foundation for understanding
    - Balance between structure and nurture
    - IDEAL Response
    - Levels of Response